

9 weather alerts

KGUN - Tucson, Arizona

Menu



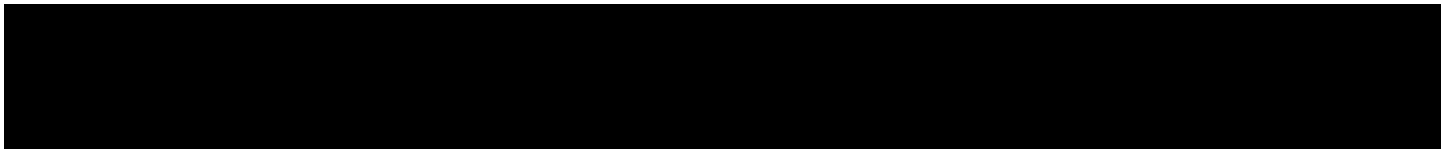
Benson Bisbee Douglas Marana Nogales Oro Valley Sierra Vista South Tucson Tucson Vail

Cochise County Regional & Local News Statewide News National News

ADVERTISEMENT



Tucson Medical Center using art to provide healing and hope for patients and staff





 By: [Megan Meier](#)

Posted at 5:52 PM, Apr 25, 2022 and last updated 4:06 PM, Apr 26, 2022

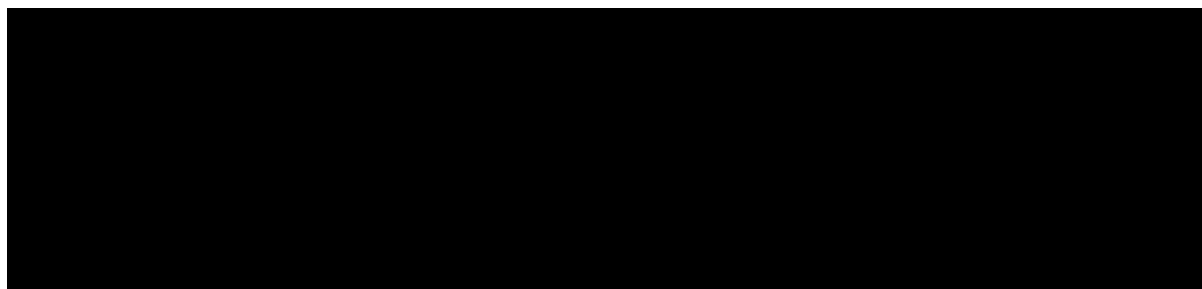
TUCSON, Ariz. (KGUN) — The sounds of live music fill the halls and waiting areas of [Tucson Medical Center](#).

"No matter what kind of day they're having, or what they're here for, they all tell me how much it has helped and how special it is," said musician, Carla Fabris.

Fabris has played the Harp for over 20 years and gets to share her passion through the hospital's Healing Art Program.

"If there was a baby born, sometimes I'll play 'Happy Birthday.' I also had a woman come up to me and say that both her parents were in the hospital and that this just really calmed her down," said Fabris.

Recent Stories from [kgun9.com](#)





Musicians of all kinds are brought in to perform regularly. The program has *also* filled TMC's eight miles of hallways with artwork.

"There is a lot of research that shows art can actually help eliminate stress and help lower levels of anxiety," said Tucson Medical Center Healing Art Program Director, Lauren Rabb.

ADVERTISEMENT

Every piece of art is donated. For local artist, Lauri Kaye, it was the perfect way to give back.

"My dad spent a lot of time at TMC when he had cancer. I really appreciated being able to take a break, roam the hallways and enjoy the artwork. I just thought, if I ever

had the opportunity to be able to do the same for others, and share my artwork, that it would be a real privilege," said Kaye.

The program is proof that it's often the small things that have the biggest impact.

"I see someone that is worried about something and then they look at me and are joyful for a few seconds because of the music. Those are the best moments. That's what I most enjoy," said musician, Maxi Larrea.

To learn how to get involved in Tucson Medical Center's Healing Art Program, contact the [TMC Foundation](#).

Megan Meier is a reporter for [KGUN 9](#). Megan graduated from Arizona State University's Walter Cronkite School of Journalism and Mass Communications in May 2018. While pursuing her degree in broadcast journalism, Megan interned at the City of Phoenix. Share your story ideas and important issues with Megan by emailing megan.meier@kgun9.com or by connecting on [Facebook](#), [Instagram](#), and [Twitter](#).

STAY IN TOUCH WITH US ANYTIME, ANYWHERE

- Download our [free app for Roku, FireTV, AppleTV, Alexa, and mobile devices](#).
- Sign up for daily [newsletters emailed to you](#)
- [Like us on Facebook](#)
- [Follow us on Instagram](#)
- [Follow us on Twitter](#)

Copyright 2022 Scripps Media, Inc. All rights reserved. This material may not be published, broadcast, rewritten, or redistributed.

Report a typo

Sign up for the **Headlines Newsletter** and receive up to date information.

CURATION BY



Family of 12-year-old auto theft suspect call for charges against vehicle owner who killed him



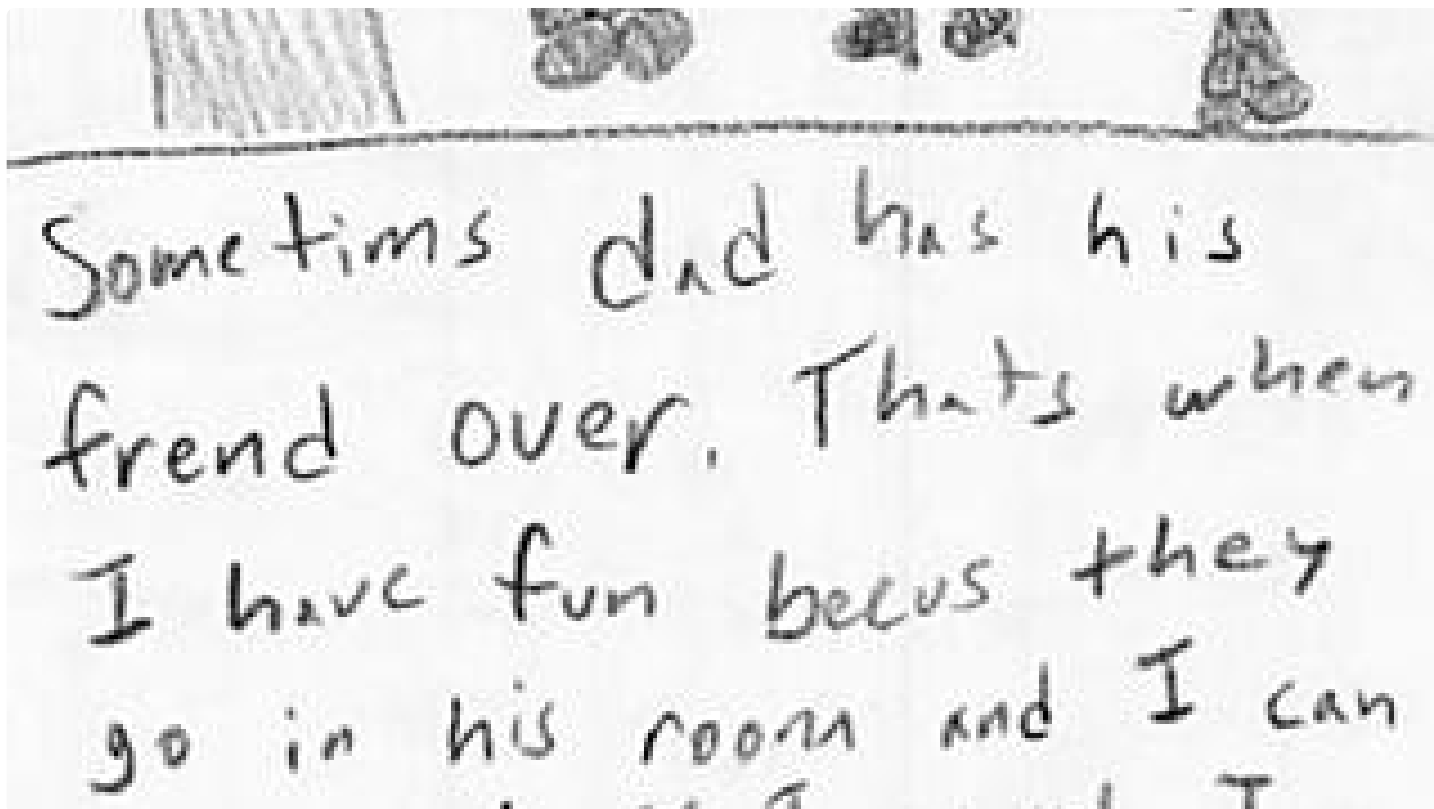
Family of 12-year-old auto theft suspect call for charges against vehicle owner who killed him

KGUN 9 Tucson News

Totally Awkward Magazine Covers People Regret Ever Doing

Totally Awkward Magazine Covers People Regret Ever Doing

Paid Content: Definition



20 Times Kid Drawings Revealed Too Much About Their Parents

Paid Content: YourDIY

Wednesday morning crash on I-10 leaves two dead; I-10 remains closed near Kolb and Rita Roads



Wednesday morning crash on I-10 leaves two dead; I-10 remains closed near Kolb and Rita Roads

KGUN 9 Tucson News

Dress codes shift after employees return to the office



Dress codes shift after employees return to the office

KGUN 9 Tucson News

Blazers' Damien Lillard has 71 pts and 13 3s, then gets drug tested



Blazers' Damien Lillard has 71 pts and 13 3s, then gets drug tested

KGUN 9 Tucson News

Banned For 84 Years; Powerful Pain Reliever Legalized In Arizona



Banned For 84 Years; Powerful Pain Reliever Legalized In Arizona

Paid Content: healthyedibles4-you.com

[Photos] Famous Movie Scenes, Without The Visual Effects

Paid Content: Definition



Walmart plans to close 'underperforming' store locations

KGUN 9 Tucson News

Google Chrome Users Can Now Block All Ads (Do it Now For Free!)

Paid Content: Safe Tech Tips

The Most Realistic PC Game of 2023

Paid Content: RAID: Shadow Legends

25 Shameless Vintage Photos That Were Once Socially Acceptable

Paid Content: YourDIY




Hundreds of arrests made in Arizona prostitution, trafficking operation

KGUN 9 Tucson News



Archaeologists discover a 5,000-year-old tavern with food still in bowls

KGUN 9 Tucson News


**ADD KGUN 9 TO
YOUR
STREAMING
DEVICE**

[News](#) [Weather](#) [Traffic](#) [You Ask. We Investigate.™](#) [Support](#)

[Sitemap](#) [Privacy Policy](#) [Privacy Center](#) [Journalism Ethics Guidelines](#) [Terms of Use](#) [EEO](#) [Careers](#)
[KGUN FCC Public File](#) [KWBA FCC Public File](#) [FCC Application](#) [Public File Contact](#) [Accessibility Statement](#)
[Closed Captioning Contact](#)



Scripps Local Media

© 2023 Scripps Media, Inc

Give Light and the People Will Find Their Own Way

